



All Cycles

Croissant

1 oz. croissant to be served with eggs dishes only.



WIMS #: 10054

Allergens: Milk, soy, wheat

Croissant		
Nutrition Facts		
Serving size 1 croissant (28 g)		
Servings per container 1		
Amount per serving		
Calories 100		
Calories from fat 45		
	% Daily Value *	
Total fat 5 g	8%	
Saturated fat 1 g	5%	
Trans fat 1 g		
Cholesterol 0 mg	0%	
Sodium 140 mg	6%	
Total carbohydrates 11 g	4%	
Dietary fiber 0 g	0%	
Sugars 2 g		
Protein 2 g		
Vitamin A 6%	•	Vitamin C 2%
Calcium 0%	•	Iron 4%
* % Daily Values are based on a 2000 calorie diet.		
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