

Cycle 2

Scrambled Eggs with Chives

Scrambled eggs, with applewood smoked bacon and red bliss breakfast potatoes.



WIMS #: 30283

Allergens: Eggs, milk

Scrambled Eggs with Chives, Bacon, Red Bliss Potatoes	
Nutrition Facts	
Serving size 7.1 oz (201 g)	
Servings per container None	
Amount per serving	
Calories 490	
Calories from fat 340	
	% Daily Value *
Total fat 39 g	50%
Saturated fat 17 g	86%
Trans fat 0 g	
Cholesterol 255 mg	86%
Sodium 1410 mg	61%
Total carbohydrates 15 g	5%
Dietary fiber 2 g	6%
Sugars 4 g	
Protein 17 g	
Vitamin A 30%	• Vitamin C 10%
Calcium 6%	• Iron 8%
* % Daily Values are based on a 2000 calorie diet.	
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