

# Mushroom & Swiss Cheese Omelet

A classic folded omelet with cremini mushroom and Swiss cheese. Served with chicken jalapeno sausage and shredded hash browns



WIMS #: 30263

Allergens: Eggs, milk, soy

Mushroom & Swiss Omelet, Chicken Jalapeno Sausage, Hash Brow	
<b>Nutrition Facts</b>	
Serving size 8.9 oz (250 g)	
Servings per container None	
Amount per serving	
<b>Calories 430</b>	
Calories from fat 290	
	% Daily Value *
<b>Total fat</b> 32 g	41%
<b>Saturated fat</b> 6 g	30%
<b>Trans fat</b> 0 g	
<b>Cholesterol</b> 365 mg	121%
<b>Sodium</b> 1310 mg	57%
<b>Total carbohydrates</b> 14 g	5%
Dietary fiber 1 g	5%
Sugars 2 g	
<b>Protein</b> 20 g	
Vitamin A 25%	• Vitamin C 8%
Calcium 4%	• Iron 10%
* % Daily Values are based on a 2000 calorie diet.	
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