



All Cycles

Cheese and Fruit Plate

Manchego, double cream Gouda and Borgonzola cheeses, quince paste, dried apricots and strawberries with orange blossom honey.



WIMS #: 30221

Allergens: Milk

Cheese Plate		
Nutrition Facts		
Serving size 5.4 oz (152 g)		
Servings per container None		
Amount per serving		
Calories 500		
Calories from fat 270		
	% Daily Value *	
Total fat 30 g	39%	
Saturated fat 20 g	101%	
Trans fat 1 g		
Cholesterol 85 mg	29%	
Sodium 620 mg	27%	
Total carbohydrates 36 g	12%	
Dietary fiber 3 g	10%	
Sugars 28 g		
Protein 21 g		
Vitamin A 45%	•	Vitamin C 15%
Calcium 60%	•	Iron 4%
* % Daily Values are based on a 2000 calorie diet.		
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