

# Thai Chicken Red Curry

Chicken curry with tomatoes, peppers, onions, scallions, broccoli and pineapple. Served with basmati rice



WIMS #: 30134

Allergens: Fish, milk, shellfish,  
soy, tree nuts

Thai Chicken Red Curry with Rice	
<b>Nutrition Facts</b>	
Serving size 10.7 oz (302 g)	
Servings per container None	
Amount per serving	
<b>Calories 430</b>	
Calories from fat 200	
% Daily Value *	
<b>Total fat</b> 23 g	29%
Saturated fat 10 g	52%
Trans fat 0 g	
<b>Cholesterol</b> 40 mg	13%
<b>Sodium</b> 820 mg	36%
<b>Total carbohydrates</b> 40 g	13%
Dietary fiber 3 g	9%
Sugars 6 g	
<b>Protein</b> 15 g	
Vitamin A 120%	• Vitamin C 45%
Calcium 10%	• Iron 15%
* % Daily Values are based on a 2000 calorie diet.	
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