

## Cycle 3

# Pork Tenderloin

Pork tenderloin with braised red cabbage, potato and celery gratin and whole grain mustard sauce



WIMS #: 30031

Allergens: Egg, milk, wheat

Pork Tenderloin with Cabbage And Potato	
<b>Nutrition Facts</b>	
Serving size 11.6 oz (328 g)	
Servings per container None	
Amount per serving	
<b>Calories</b> 430	
Calories from fat 220	
% Daily Value *	
<b>Total fat</b> 25 g	32%
Saturated fat 10 g	51%
Trans fat 0 g	
<b>Cholesterol</b> 120 mg	40%
<b>Sodium</b> 1260 mg	55%
<b>Total carbohydrates</b> 19 g	6%
Dietary fiber 3 g	11%
Sugars 5 g	
<b>Protein</b> 33 g	
Vitamin A 50%	• Vitamin C 60%
Calcium 15%	• Iron 15%
* % Daily Values are based on a 2000 calorie diet.	
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