

Soba Noodle Salad

Soba noodles with tofu, snow peas, peppers, red cabbage and scallions.
Served with a toasted sesame dressing



WIMS #: 30249

Allergens: Soy, wheat

Soba Noodle Salad with Snow Peas And Tofu (Healthy)		
Nutrition Facts		
Serving size 8.1 oz (229 g)		
Servings per container None		
Amount per serving		
Calories 420		
Calories from fat 160		
	% Daily Value *	
Total fat 18 g	23%	
Saturated fat 2.5 g	13%	
Trans fat 0 g		
Cholesterol 0 mg	0%	
Sodium 720 mg	31%	
Total carbohydrates 52 g	17%	
Dietary fiber 5 g	17%	
Sugars 14 g		
Protein 12 g		
Vitamin A 30%	•	Vitamin C 70%
Calcium 25%	•	Iron 15%
* % Daily Values are based on a 2000 calorie diet.		
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