



All Cycles

Sticky Toffee Pudding

Fall Dessert – Scrumptious moist cakes made with fresh dates and a buttery toffee sauce



WIMS #: 12038

Allergens: Eggs, milk, wheat

Sticky Toffee Pudding	
Nutrition Facts	
Serving size 4.0 oz (113 g)	
Servings per container None	
Amount per serving	
Calories 390	
Calories from fat 190	
	% Daily Value *
Total fat 22 g	28%
Saturated fat 14 g	70%
Trans fat 0 g	
Cholesterol 100 mg	33%
Sodium 45 mg	2%
Total carbohydrates 47 g	16%
Dietary fiber 1 g	4%
Sugars 37 g	
Protein 3 g	
Vitamin A 25%	• Vitamin C 2%
Calcium 4%	• Iron 2%
* % Daily Values are based on a 2000 calorie diet.	
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