

Kosher Meal – Available by Reservation

Chicken with Herb Orzo, Green Beans and Tomato Pepper Sauce



WIMS CODE # 27014

Allergens: Eggs, milk, wheat

| Roasted Chicken with Mushrooms And Carrots | | |
|--|------------------------|---------------|
| Nutrition Facts | | |
| Serving size 13.0 oz (368 g) | | |
| Servings per container 1 | | |
| Amount per serving | | |
| Calories 490 | | |
| Calories from fat 70 | | |
| | % Daily Value * | |
| Total fat 8 g | 12% | |
| Saturated fat 1.5 g | 8% | |
| Trans fat 0 g | | |
| Cholesterol 75 mg | 25% | |
| Sodium 730 mg | 30% | |
| Total carbohydrates 69 g | 23% | |
| Dietary fiber 6 g | 24% | |
| Sugars 9 g | | |
| Protein 38 g | | |
| Vitamin A 60% | • | Vitamin C 15% |
| Calcium 4% | • | Iron 10% |
| * % Daily Values are based on a 2000 calorie diet. | | |
| © 2016 MenuTrinio, LLC | | |