

Cup of Noodles

Chicken flavor Ramen noodle soup.



WIMS #: 15700

Allergens: egg, fish, milk, peanuts, soy shellfish, tree nuts, wheat

Nutrition Facts

Serving size 1 container (64 g)

Servings per container 1

Amount per serving

Calories 280

Calories from fat 100

% Daily Value *

Total fat 11 g 17%

Saturated fat 5 g 25%

Trans fat 0 g

Cholesterol 0 mg 0%

Sodium 1430 mg 60%

Total carbohydrates 40 g 13%

Dietary fiber 2 g 8%

Sugars 2 g

Protein 7 g

Vitamin A 15%

Vitamin C 0%

Calcium 2%

Iron 15%

* % Daily Values are based on a 2000 calorie diet.

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