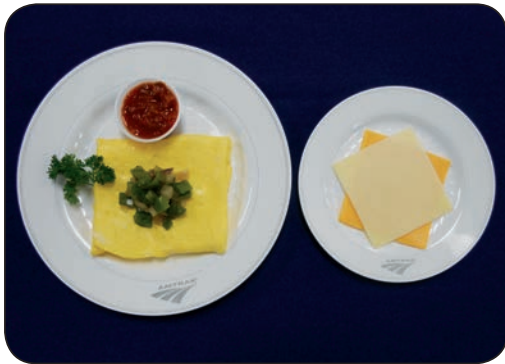


Omelet

Fresh made 3 egg omelet with either potatoes or grits and a croissant. Omelet could be served plain or with a choice of veggie filling. The omelet filling could be mushrooms, onions, tomatoes with cheddar or Monterey jack cheese.



WIMS #:

Allergens: egg

Nutritional Data:

| | | |
|------------------------|-----|--------|
| Calories | 480 | |
| Calories from Fat | 140 | |
| | | % D.V. |
| Total Fat (g) | 16 | 28% |
| Saturated Fat (g) | 4 | 26% |
| Cholesterol (mg) | 70 | 212% |
| Sodium (mg) | 720 | 10% |
| Total Carbohydrate (g) | 67 | 1% |
| Dietary Fiber (g) | 2 | 0% |
| Protein (g) | 10 | % |