

Flat Iron Steak

Signature Black Angus flat iron steak with Portabella sauce.
Served with baked potato and vegetable medley



WIMS #: 26525

Allergens: milk, wheat

Flat Iron Steak with Baked Potato And Vegetables	
Nutrition Facts	
Serving size 1 meal (639 g)	
Servings per container 1	
Amount per serving	
Calories 640	
Calories from fat 150	
	% Daily Value *
Total fat 17 g	25%
Saturated fat 5 g	27%
Trans fat 2 g	
Cholesterol 130 mg	44%
Sodium 810 mg	34%
Total carbohydrates 72 g	24%
Dietary fiber 9 g	36%
Sugars 7 g	
Protein 47 g	
Vitamin A 25%	• Vitamin C 70%
Calcium 10%	• Iron 45%
* % Daily Values are based on a 2000 calorie diet.	
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