

Baked Mozzarella Manicotti

Pasta sheets filled with fresh mozzarella, ricotta and parmesan cheeses in a Roma tomato sauce topped with Parmesan cheese and served with a vegetable medley



WIMS #: 25041

Allergens: egg, milk, wheat

Baked Mozzarella Manicotti with Vegetables		
Nutrition Facts		
Serving size 1 meal (292 g)		
Servings per container 1		
Amount per serving		
Calories 320		
Calories from fat 90		
	% Daily Value *	
Total fat 10 g	16%	
Saturated fat 6 g	30%	
Trans fat 0 g		
Cholesterol 70 mg	23%	
Sodium 770 mg	32%	
Total carbohydrates 38 g	13%	
Dietary fiber 5 g	19%	
Sugars 10 g		
Protein 18 g		
Vitamin A 35%	•	Vitamin C 10%
Calcium 45%	•	Iron 8%
* % Daily Values are based on a 2000 calorie diet.		
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