

Rustic Mashed Potatoes

Red skinned garlic mashed potatoes



WIMS #: 57019

Allergens: milk, soy

Garlic Mashed Potatoes		
Nutrition Facts		
Serving size 1 portion (113 g)		
Servings per container 1		
Amount per serving		
Calories 90		
Calories from fat 15		
	% Daily Value *	
Total fat 2 g	3%	
Saturated fat 1 g	6%	
Trans fat 0 g		
Cholesterol 0 mg	0%	
Sodium 460 mg	19%	
Total carbohydrates 16 g	5%	
Dietary fiber 0 g	0%	
Sugars 2 g		
Protein 2 g		
Vitamin A 0%	•	Vitamin C 4%
Calcium 2%	•	Iron 2%
* % Daily Values are based on a 2000 calorie diet.		
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