

Scrambled Eggs

Pasteurized liquid scrambled eggs to order. Served with breakfast potatoes or grits and a croissant.



Scrambled Eggs (with Cheddar Cheese, Veg, Potatoes)	
Nutrition Facts	
Serving size	12.4 oz (351 g)
Amount per serving	
Calories	530
% Daily Value*	
Total Fat 38g	48%
Saturated Fat 11g	55%
Trans Fat 0g	
Cholesterol 460mg	153%
Sodium 970mg	42%
Total Carbohydrate 24g	9%
Dietary Fiber 4g	13%
Total Sugars 4g	
Includes 0g Added Sugars	0%
Protein 23g	
Vitamin D 2mcg	10%
Calcium 239mg	20%
Iron 2mg	15%
Potassium 760mg	16%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

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Allergens: Milk, eggs