

Roasted Chicken Breast

Roasted thyme chicken breast, served with baby green beans, baby carrot balls and cheesy polenta.



Roasted Chicken Breast	
Nutrition Facts	
Serving size	9.0 oz (255 g)
Amount per serving	
Calories	370
% Daily Value*	
Total Fat 21g	26%
Saturated Fat 9g	46%
Trans Fat 0g	
Cholesterol 100mg	34%
Sodium 590mg	26%
Total Carbohydrate 14g	5%
Dietary Fiber 2g	6%
Total Sugars 3g	
Includes 0g Added Sugars	0%
Protein 28g	
Vitamin D 0mcg	0%
Calcium 43mg	4%
Iron 1mg	10%
Potassium 190mg	4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

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Allergens: Milk