

Pan-Roasted Chicken Breast

Thyme-marinated chicken breast, wild mushroom risotto, English peas, fava beans, and Parisian carrots, all smothered in a morel mushroom sauce



Allergens: Milk, wheat

Pan Roasted Chicken Breast	
Nutrition Facts	
Serving size	14.0 oz (397 g)
Amount per serving	
Calories	680
% Daily Value*	
Total Fat 40g	52%
Saturated Fat 13g	63%
Trans Fat 0g	
Cholesterol 180mg	59%
Sodium 1180mg	51%
Total Carbohydrate 27g	10%
Dietary Fiber 2g	9%
Total Sugars 4g	
Includes 0g Added Sugars	0%
Protein 49g	
Vitamin D 0mcg	0%
Calcium 75mg	6%
Iron 2mg	15%
Potassium 200mg	4%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
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