

Green Chile Cheese Tamale

Organic sweet white corn masa filled with fire-roasted hatch green chilis, cheddar and jack cheese with tomatillo salsa



WIMS #: 37149

Allergens: Eggs, milk

Green Chili And Cheese Tamale	
Nutrition Facts	
Serving size	7.0 oz (197 g)
Amount per serving	
Calories	
	330
% Daily Value*	
Total Fat 23g	29%
Saturated Fat 6g	30%
Trans Fat 0g	
Cholesterol 30mg	10%
Sodium 690mg	30%
Total Carbohydrate 24g	9%
Dietary Fiber 4g	14%
Total Sugars 4g	
Includes 0g Added Sugars	0%
Protein 9g	
Vitamin D 0mcg	0%
Calcium 35mg	2%
Iron 0mg	0%
Potassium 170mg	4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

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