

# Vegan Meal – Available by Reservation

## Enchiladas

Corn tortillas filled with plant based protein, black bean, corn and cheese enchiladas with yellow rice and ancho chili sauce.



WIMS #: 26573

Allergens: Soy, wheat

Vegan Enchilada Dinner	
<b>Nutrition Facts</b>	
1 servings per container	
Serving size 1 meal (312 g)	
Amount per serving	
Calories	<b>540</b>
% Daily Value*	
<b>Total Fat</b> 11g	<b>14%</b>
Saturated Fat 4g	<b>20%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 690mg	<b>30%</b>
<b>Total Carbohydrate</b> 80g	<b>29%</b>
Dietary Fiber 13g	<b>46%</b>
Total Sugars 5g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 15g	
Vitamin D 0mcg	<b>0%</b>
Calcium 195mg	<b>15%</b>
Iron 5mg	<b>30%</b>
Potassium 0mg	<b>0%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

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