

Fresh Vegetables Crudités

Carrots, celery, broccoli, grape tomatoes with a classic hummus dip



Fresh Cut Vegetables And Hummus	
Nutrition Facts	
1 servings per container	
Serving size 1 container (213 g)	
Amount per serving	
Calories	200
	% Daily Value*
Total Fat 14g	18%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 250mg	11%
Total carbohydrates 18g	6%
Dietary fiber 7g	25%
Total Sugars 6g	
Includes 0g Added Sugars	0%
Protein 6g	
Vitamin D 0mcg	0%
Calcium 80mg	6%
Iron 2mg	15%
Potassium 0mg	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

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