

Moroccan Pot Roast

Tender beef simmered with a rich and aromatic sauce with turmeric potatoes, chickpeas, carrots and dried apricots



WIMS# 26615

Allergens: soy

Moroccan Style Pot Roast	
Nutrition Facts	
1 servings per container	
Serving size	1 meal (427 g)
Amount per serving	
Calories	
	460
% Daily Value*	
Total Fat 12g	15%
Saturated Fat 3.5g	17%
<i>Trans</i> Fat 0g	
Cholesterol 55mg	18%
Sodium 1660mg	72%
Total Carbohydrate 60g	22%
Dietary Fiber 9g	32%
Total Sugars 9g	
Includes 0g Added Sugars	0%
Protein 28g	
Vitamin D 0mcg	0%
Calcium 77mg	6%
Iron 10mg	60%
Potassium 1620mg	34%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

© 2022 MenuTrinco, LLC