

Cup of Noodles

Chicken flavor Ramen noodle soup



WIMS# 15700

Allergens: *egg, fish, milk, peanuts, soy shellfish, tree nuts, wheat*

Nutrition Facts

Serving size 5.7 oz (161 g)
Servings per container 1

Amount per serving

Calories 460

Calories from fat 250

| | % Daily Value * |
|---------------------------------|-----------------|
| Total fat 28 g | 43% |
| Saturated fat 11 g | 55% |
| Trans fat 1 g | |
| Cholesterol 50 mg | 17% |
| Sodium 1190 mg | 50% |
| Total carbohydrates 36 g | 12% |
| Dietary fiber 1 g | 4% |
| Sugars 3 g | |
| Protein 17 g | |
| Vitamin A 0% | Vitamin C 0% |
| Calcium 6% | Iron 15% |

* % Daily Values are based on a 2000 calorie diet.

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