

# Chicken Lupita

Tender grilled chicken breast, Chimichurri enrobed rice, grilled peppers & onions with seasoned black beans and corn



WIMS# 26617

| Chicken Lupita                |                       |
|-------------------------------|-----------------------|
| <b>Nutrition Facts</b>        |                       |
| 1 servings per container      |                       |
| <b>Serving size</b>           | <b>1 meal (425 g)</b> |
| Amount per serving            |                       |
| <b>Calories</b>               | <b>680</b>            |
| % Daily Value*                |                       |
| <b>Total Fat</b> 27g          | <b>35%</b>            |
| Saturated Fat 4g              | <b>20%</b>            |
| <i>Trans Fat</i> 0g           |                       |
| <b>Cholesterol</b> 65mg       | <b>22%</b>            |
| <b>Sodium</b> 990mg           | <b>43%</b>            |
| <b>Total Carbohydrate</b> 70g | <b>25%</b>            |
| Dietary Fiber 4g              | <b>14%</b>            |
| Total Sugars 4g               |                       |
| Includes 0g Added Sugars      | <b>0%</b>             |
| <b>Protein</b> 33g            |                       |
| Vitamin D 0mcg                | <b>0%</b>             |
| Calcium 60mg                  | <b>4%</b>             |
| Iron 4.6mg                    | <b>25%</b>            |
| Potassium 390mg               | <b>8%</b>             |

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

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