

Cheese and Fruit Plate

Collier's cheddar, aged gouda, brie, Piave with red grapes, raisins, dried apricots, and fig compote



WIMS# 30297

Allergens: milk

Cheese & Fruit Plate - Cycle 1	
Nutrition Facts	
1 servings per container	
Serving size	1 meal (182 g)
Amount per serving	
Calories	470
	% Daily Value*
Total Fat 28g	36%
Saturated Fat 18g	92%
Trans Fat 0g	
Cholesterol 80mg	26%
Sodium 580mg	25%
Total Carbohydrate 37g	13%
Dietary Fiber 2g	7%
Total Sugars 30g	
Protein 21g	
Vitamin D 0mcg	0%
Calcium 660mg	50%
Iron 1mg	6%
Potassium 410mg	9%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

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