

Baked Salmon Lattice

Atlantic salmon 'en croute' in puff pastry with spinach, sorrel butter and Prosecco bearnaise



WIMS# 30299

Allergens: egg, fish, milk, wheat

Baked Salmon Lattice	
Nutrition Facts	
1 servings per container	
Serving size	1 meal (300 g)
Amount per serving	
Calories	790
	% Daily Value*
Total Fat 62g	80%
Saturated Fat 34g	171%
<i>Trans Fat</i> 0g	
Cholesterol 205mg	68%
Sodium 1550mg	67%
Total Carbohydrate 34g	13%
Dietary Fiber 2g	7%
Total Sugars 3g	
Protein 22g	
Vitamin D 0mcg	0%
Calcium 117mg	10%
Iron 2mg	10%
Potassium 490mg	11%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
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Note