

Cycle 1

Chilled Soba Noodle Salad

Soba noodles, broccoli, cucumbers, togarashi spiced cashews, chili oil & sesame dressing



Chilled Soba Noodle Salad	
Nutrition Facts	
1 servings per container	
Serving size	1 meal (186 g)
Amount per serving	
Calories	500
% Daily Value*	
Total Fat 20g	26%
Saturated Fat 3g	16%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 1570mg	68%
Total Carbohydrate 64g	23%
Dietary Fiber 3g	11%
Total Sugars 10g	
Protein 14g	
Vitamin D 0mcg	0%
Calcium 101mg	8%
Iron 3.7mg	20%
Potassium 260mg	6%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

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Allergens: sesame, soy, treenuts, wheat