

## Cycle 2

# Butter Chicken

Tender chicken stewed in an robust Indian spiced tomato cream with carrots, red & green peppers, onions, and fresh peas. Served with cumin scented Basmati rice and naan



WIMS #: 31323

Allergens: milk, wheat

Butter Chicken	
<b>Nutrition Facts</b>	
1 servings per container	
<b>Serving size</b>	<b>1 meal (341 g)</b>
<b>Amount per serving</b>	
<b>Calories</b>	
	<b>590</b>
	% Daily Value*
<b>Total Fat</b> 25g	<b>32%</b>
Saturated Fat 7g	<b>35%</b>
Trans Fat 0g	
<b>Cholesterol</b> 100mg	<b>34%</b>
<b>Sodium</b> 1180mg	<b>51%</b>
<b>Total Carbohydrate</b> 59g	<b>21%</b>
Dietary Fiber 5g	<b>18%</b>
Total Sugars 8g	
<b>Protein</b> 30g	
Vitamin D 0mcg	0%
Calcium 121mg	10%
Iron 5.1mg	30%
Potassium 620mg	13%
<small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	
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