

# Black Pepper Beef

Wok tossed beef tenderloin with shallot rings, Chinese crullers, Thai red finger chilis in a black pepper sauce



WIMS# 31324

Allergens: fish, milk, soy, wheat

Black Pepper Beef	
<b>Nutrition Facts</b>	
1 servings per container	
<b>Serving size</b>	<b>1 meal (358 g)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>720</b>
	% Daily Value*
<b>Total Fat</b> 37g	<b>47%</b>
Saturated Fat 11g	<b>55%</b>
Trans Fat 0g	
<b>Cholesterol</b> 90mg	<b>30%</b>
<b>Sodium</b> 1810mg	<b>79%</b>
<b>Total Carbohydrate</b> 68g	<b>25%</b>
Dietary Fiber 5g	<b>17%</b>
Total Sugars 15g	
<b>Protein</b> 32g	
Vitamin D 0mcg	0%
Calcium 81mg	6%
Iron 6.3mg	35%
Potassium 1100mg	23%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

© 2023 MenuTrinjo, LLC