

# Kofta Kebabs with Basmati Rice

Grilled kofta with middle eastern herbs and spices, served with curried cauliflower, chickpeas, peppers, scallions, raisins, rice & cashews.



WIMS #: 17915

Allergens: tree nuts, soy, sesame

Vegan Kofta Skewers Dinner	
<b>Nutrition Facts</b>	
1 servings per container	
<b>Serving size</b>	<b>1 meal (340 g)</b>
<b>Amount per serving</b>	
<b>Calories</b>	
	<b>670</b>
	% Daily Value*
<b>Total Fat</b> 26g	<b>33%</b>
Saturated Fat 8g	<b>40%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 960mg	<b>42%</b>
<b>Total Carbohydrate</b> 84g	<b>31%</b>
Dietary Fiber 13g	<b>46%</b>
Total Sugars 15g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 30g	
Vitamin D 0mcg	<b>0%</b>
Calcium 228mg	<b>20%</b>
Iron 9mg	<b>50%</b>
Potassium 1460mg	<b>31%</b>
<small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	
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