

Chicken Enchiladas

Chicken enchiladas with enchilada sauce, Mexican cheeses, refried black beans, Mexican street corn and a roasted jalapeno.



WIMS #: 26589

Allergens: Milk, soy

Chicken Enchilada Dinner	
Nutrition Facts	
1 servings per container	
Serving size	1 meal (340 g)
Amount per serving	
Calories	
	620
% Daily Value*	
Total Fat 25g	32%
Saturated Fat 9g	45%
Trans Fat 0g	
Cholesterol 90mg	30%
Sodium 1430mg	62%
Total Carbohydrate 60g	22%
Dietary Fiber 13g	46%
Total Sugars 5g	
Includes 0g Added Sugars	0%
Protein 31g	
Vitamin D 0mcg	0%
Calcium 320mg	25%
Iron 6mg	35%
Potassium 1270mg	27%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

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