

Bacon, Egg & Cheese Bites

Egg, bacon and cheddar, Monterey Jack, and cottage cheese bites



WIMS# 37615

Allergens: egg, milk

Nutrition Facts

Serving Size:

1 package (130g)

Amount Per Serving

Calories **230**

% Daily Value*

Total Fat 16g **25%**

Saturated Fat 9g **45%**

Trans Fat 0g

Cholesterol 250mg **83%**

Sodium 700mg **29%**

Total Carbohydrates 6g **2%**

Dietary Fiber 0g **0%**

Sugars 2g

Includes 0g Added Sugars **0%**

Protein 15g

Vitamin D 2mcg **8%**

Calcium 195mg **15%**

Iron 1mg **7%**

Potassium 242mg **5%**

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.