## **Cup of Noodles**

## Chicken flavored Ramen noodle soup



WIMS# 15700 Allergens: egg, fish, milk, peanuts, soy shellfish, tree nuts, wheat

Amount per serving		
Calories 460		
Calories from fat 2	50	
F 9		% Daily Value
Total fat 28 g		43%
Saturated fat 11 g		55%
Trans fat 1 g		
Cholesterol 50 mg		17%
Sodium 1190 mg		50%
Total carbohydrates 36 g		12%
Dietary fiber 1 g		4%
Sugars 3 g		
Protein 17 g		
Vitamin A 0%		Vitamin C 0%
Calcium 6%		Iron 15%