

Cycle 1

# Fresh Seasonal Fruit Plate

Fresh sliced cantaloupe, honeydew and pineapple with mixed berries



WIMS# 35053

Fruit - Melon, Pineapple & Berries	
<b>Nutrition Facts</b>	
1 servings per container	
<b>Serving size</b>	<b>1 plate (240 g)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>110</b>
% Daily Value*	
<b>Total Fat</b> 1.0g	<b>1%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 10mg	<b>0%</b>
<b>Total Carbohydrate</b> 27g	<b>10%</b>
Dietary Fiber 9g	<b>31%</b>
Total Sugars 17g	
<b>Protein</b> 2g	
Vitamin D 0.00mcg	<b>0%</b>
Calcium 41mg	<b>4%</b>
Iron 1.1mg	<b>6%</b>
Potassium 381mg	<b>9%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

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## Note

- This item is considered vegetarian.

## Product Specifications

Ingredient

Qty

Unit