Three Cheese Omelet

Rolled omelet with Swiss, Monterey jack and cheddar cheeses, served with Peewee potatoes, pearl onions, parsley, scallions and a grape tomato



WIMS# 35054

Allergens: eggs, milk, wheat

Nutrition 1 servings per container Serving size	1 meal (202 g
Amount per serving Calories	360
	% Daily Value
Total Fat 25g	32%
Saturated Fat 10g	51%
Trans Fat 0g	
Cholesterol 285mg	95%
Sodium 1050mg	46%
Total Carbohydrate 21g	89
Dietary Fiber 3g	109
Total Sugars 6g	
Protein 15g	
Vitamin D 0.10mcg	0%
Calcium 166mg	159
Iron 1.1mg	69
Potassium 603mg	159