

Rockin KB Chili

Braised beef simmered in a rich brown sauce with red chili peppers and apricots. Served with a roasted jalapeno and a cornbread muffin



WIMS# 35057

Allergens: egg, milk, wheat

KB Rockin Chili	
Nutrition Facts	
1 servings per container	
Serving size	1 meal (362 g)
Amount per serving	
Calories	590
	% Daily Value*
Total Fat 31g	40%
Saturated Fat 7g	36%
Trans Fat 0g	
Cholesterol 110mg	36%
Sodium 1290mg	56%
Total Carbohydrate 53g	19%
Dietary Fiber 4g	14%
Total Sugars 29g	
Protein 23g	
Vitamin D 0.04mcg	0%
Calcium 134mg	12%
Iron 3.6mg	22%
Potassium 517mg	13%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

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