

Cycle 1

Roasted Butternut Squash Salad

Roasted butternut squash with pine nuts, frisée, baby arugula, golden raisins, pickled red onions and balsamic vinaigrette



Roasted Butternut Squash Salad	
Nutrition Facts	
1 servings per container	
Serving size	1 salad (297 g)
Amount per serving	
Calories	630
% Daily Value*	
Total Fat 45g	58%
Saturated Fat 6g	30%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 1320mg	57%
Total Carbohydrate 56g	20%
Dietary Fiber 10g	36%
Total Sugars 37g	
Protein 9g	
Vitamin D 0.00mcg	0%
Calcium 178mg	16%
Iron 4mg	24%
Potassium 1096mg	25%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

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Allergens: treenuts