

Cycle 1

Wok Cashew Chicken

Marinated chicken breast, broccoli, snap peas, zucchini, yellow squash, beech mushrooms, cashews, jasmine rice and plum wine sauce.



WIMS# 35062

Allergens: Egg, Sesame, Soy, Tree Nuts, Wheat

Wok Cashew Chicken

Nutrition Facts

1 servings per container
Serving size 1 meal (411 g)

Amount per serving
Calories 400

% Daily Value*

Total Fat 17g 22%

Saturated Fat 2.5g 13%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 1720mg 75%

Total Carbohydrate 48g 18%

Dietary Fiber 5g 17%

Total Sugars 20g

Protein 11g

Vitamin D 0.06mcg 0%

Calcium 84mg 7%

Iron 4.1mg 25%

Potassium 840mg 20%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

© 2024 MenuTrio, LLC