

Three Cheese Omelet

Rolled omelet with Swiss, pepper jack and cheddar cheeses, served with fingerling potatoes and a grape tomato.



Three Cheese Omelet w/ Pea Wax Potatoes	
Nutrition Facts	
1 servings per container	
Serving size	1 meal (202 g)
Amount per serving	
Calories	360
	% Daily Value*
Total Fat 25g	32%
Saturated Fat 10g	51%
Trans Fat 0g	
Cholesterol 285mg	95%
Sodium 1050mg	46%
Total Carbohydrate 21g	8%
Dietary Fiber 3g	10%
Total Sugars 6g	
Protein 15g	
Vitamin D 0.10mcg	0%
Calcium 166mg	15%
Iron 1.1mg	6%
Potassium 603mg	15%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

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Allergens: Eggs, Milk, Wheat