

# Bacon, Onion and Gruyere Omelet

Hand rolled omelet with bacon, caramelized onions, and gruyere cheese. Served with red bliss breakfast potatoes.



Caramelized Onion, Bacon, and Gruyere Omelet

Nutrition Facts	
1 servings per container	
<b>Serving size</b>	<b>1 meal (202 g)</b>
Amount per serving	
<b>Calories</b>	<b>350</b>
	% Daily Value*
<b>Total Fat</b> 25g	<b>32%</b>
Saturated Fat 10g	48%
Trans Fat 0g	
<b>Cholesterol</b> 275mg	<b>92%</b>
<b>Sodium</b> 540mg	<b>23%</b>
<b>Total Carbohydrate</b> 21g	<b>8%</b>
Dietary Fiber 2g	7%
Total Sugars 4g	
<b>Protein</b> 13g	
Vitamin D 0.00mcg	0%
Calcium 94mg	8%
Iron 2.6mg	17%
Potassium 690mg	17%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

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Allergens: Egg, Milk, Wheat