

Cycle 2

Bourbon Apple Stuffed Crepes

Breakfast crepes stuffed with bourbon infused apples, craisins, dried cherries, and raisins, with cinnamon crème anglaise.



WIMS# 35034

Allergens: Egg, Milk, Wheat

Bourbon Apple Stuffed Crepes	
Nutrition Facts	
1 servings per container	
Serving size	1 meal (269 g)
Amount per serving	
Calories	540
% Daily Value*	
Total Fat 19g	24%
Saturated Fat 9g	46%
Trans Fat 0g	
Cholesterol 60mg	20%
Sodium 320mg	14%
Total Carbohydrate 82g	30%
Dietary Fiber 3g	11%
Total Sugars 51g	
Protein 11g	
Vitamin D 0.05mcg	0%
Calcium 259mg	22%
Iron 0.6mg	4%
Potassium 640mg	16%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

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