

# Cheese and Fruit Plate

Paradiso Gouda, Brie, and sherry cask Manchego cheeses.  
Served with red grapes, craisins, dried apricots and fig compote.



WIMS# 35061

Allergens: Milk

Choose & Fruit Plate - Cycle 1

<b>Nutrition Facts</b>	
1 servings per container	
<b>Serving size</b>	<b>1 plate (174 g)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>410</b>
% Daily Value*	
<b>Total Fat</b> 21g	27%
Saturated Fat 14g	70%
<i>Trans</i> Fat 1.0g	
<b>Cholesterol</b> 70mg	23%
<b>Sodium</b> 520mg	22%
<b>Total Carbohydrate</b> 37g	13%
Dietary Fiber 2g	7%
Total Sugars 30g	
<b>Protein</b> 21g	
Vitamin D 0.00mcg	0%
Calcium 721mg	60%
Iron 0.9mg	5%
Potassium 340mg	8%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

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