

## Cycle 1

# Tandoori Chicken

Marinated chicken breast, coconut basmati rice, almonds, pistachios and raisins with cucumber cilantro raita



WIMS# 35076 Allergens: Egg, Milk, Tree Nuts (Almond, Coconut, Pistachio)

Tandoori Chicken

## Nutrition Facts

1 servings per container

Serving size

1 meal (325 g)

Amount per serving

Calories

750

% Daily Value\*

**Total Fat** 34g 43%

Saturated Fat 12g 58%

Trans Fat 0g

**Cholesterol** 120mg 39%

**Sodium** 1410mg 61%

**Total Carbohydrate** 59g 21%

Dietary Fiber 5g 19%

Total Sugars 14g

**Protein** 52g

Vitamin D 0.00mcg 0%

Calcium 243mg 21%

Iron 4.5mg 27%

Potassium 870mg 20%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

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