

# Lamb Tagine

Slow braised Moroccan marinated Lamb, tomatoes, peppers, chickpeas and apricots, with saffron almond basmati rice



WIMS# 35050

Allergens: Tree Nuts (Almonds)

Lamb Tagine

## Nutrition Facts

1 servings per container  
**Serving size** 1 meal (340 g)

**Amount per serving**  
**Calories** **380**

% Daily Value\*

**Total Fat** 11g 14%  
 Saturated Fat 1g 6%  
 Trans Fat 0g

**Cholesterol** 55mg 19%

**Sodium** 1620mg 71%

**Total Carbohydrate** 51g 19%

Dietary Fiber 3g 12%

Total Sugars 11g

**Protein** 24g

Vitamin D 0.00mcg 0%

Calcium 66mg 6%

Iron 3.3mg 20%

Potassium 680mg 16%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.