



All Cycles

# Kosher Breakfast Meal – Available by Reservation

## Cheese Omelet, Potato Hash & Ratatouille



WIMS# 27013

Allergens: Eggs, Milk, Wheat

Omelet with Cheese, Mushrooms And Potatoes	
<b>Nutrition Facts</b>	
Serving size 8.5 oz (241 g)	
Servings per container 1	
<b>Amount per serving</b>	
<b>Calories 280</b>	
Calories from fat 130	
<b>% Daily Value *</b>	
<b>Total fat</b> 15 g	23%
Saturated fat 4 g	20%
Trans fat 0 g	
<b>Cholesterol</b> 175 mg	58%
<b>Sodium</b> 680 mg	28%
<b>Total carbohydrates</b> 27 g	9%
Dietary fiber 4 g	16%
Sugars 2 g	
<b>Protein</b> 12 g	
Vitamin A 10%	Vitamin C 10%
Calcium 15%	Iron 8%
* % Daily Values are based on a 2000 calorie diet.	
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