Cycle 3

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Tomato-Feta Omelet

Hand rolled omelet with Feta cheese, roasted tomatoes, onions, chives and lemon zest, served with fingerling breakfast potatoes



WIMS# 30211 Allergens: Egg, Milk, Wheat

Greek Omelet w/ Fingerling Potatoes	
Nutrition	Facts
1 servings per container Serving size	1 meal (202 g
Amount per serving Calories	330
	% Daily Value
Total Fat 23g	30%
Saturated Fat 9g	46%
Trans Fat 0g	
Cholesterol 280mg	93%
Sodium 590mg	25%
Total Carbohydrate 18g	6%
Dietary Fiber 1g	4%
Total Sugars 3g	
Protein 11g	
Vitamin D 0.06mcg	0%
Calcium 118mg	10%
Iron 2.4mg	15%
	13%