Cup of Noodles

Chicken flavor Ramen noodle soup



WIMS# 15700 Allergens: egg, fish, milk, peanuts, soy shellfish, tree nuts, wheat

Nutrition Facts

Serving size 5.7 oz (161 g) Servings per container 1

Amount per serving Calories 460 Calories from fat 250 % Daily Value Total fat 28 g 43% Saturated fat 11 g 55% Trans fat 1 g Cholesterol 50 mg 17% Sodium 1190 mg 50% Total carbohydrates 36 g 12% Dietary fiber 1 g 4% Sugars 3 g Protein 17 g Vitamin A 0% Vitamin C 0% Calcium 6% Iron 15% % Daily Values are based on a 2000 calorie diet. © 2016 MenuTrinfo, LLC