

Kofta Kebabs with Basmati Rice

Grilled kofta with middle eastern herbs and spices, served with curried cauliflower, chickpeas, peppers, scallions, rice & cashews.



WIMS #: 26592

Allergens: tree nuts, soy, sesame

Vegan Kofta Skewers Dinner	
Nutrition Facts	
1 servings per container	
Serving size	1 meal (340 g)
Amount per serving	
Calories	
	670
	<small>% Daily Value*</small>
Total Fat 26g	33%
Saturated Fat 8g	40%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 960mg	42%
Total Carbohydrate 84g	31%
Dietary Fiber 13g	46%
Total Sugars 15g	
Includes 0g Added Sugars	0%
Protein 30g	
Vitamin D 0mcg	0%
Calcium 228mg	20%
Iron 9mg	50%
Potassium 1460mg	31%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

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