

Bacon, Egg & Cheese Souffle

Egg square made with cage-free eggs, uncured ham and bacon, and white cheddar, Monterey jack and Gruyère cheeses. Served with roasted red bliss and golden potatoes and a croissant.



WIMS# 30478, 57078, 50558

Allergens: milk, eggs

Auto Train Hot Breakfast	
Nutrition Facts	
1 servings per container	
Serving size	1 meal (211 g)
Amount per serving	
Calories	420
<i>% Daily Value*</i>	
Total Fat 23g	29%
Saturated Fat 9g	43%
<i>Trans Fat</i> 0g	
Cholesterol 170mg	57%
Sodium 850mg	37%
Total Carbohydrate 38g	14%
Dietary Fiber 5g	19%
Total Sugars 5g	
Includes 0g Added Sugars	0%
Protein 19g	
Vitamin D 0mcg	0%
Calcium 287mg	20%
Iron 3.4mg	20%
Potassium 880mg	19%
<small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	
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