

# Pan Roasted Chicken

Thyme-marinated chicken breast, rustic mashed potatoes, mixed vegetables, and morel sauce



WIMS#

Allergens: milk, soy

Pan-Roasted Chicken Breast	
<b>Nutrition Facts</b>	
1 servings per container	
<b>Serving size</b>	<b>1 meal (408 g)</b>
<b>Amount per serving</b>	
<b>Calories</b>	
<b>510</b>	
<b>% Daily Value*</b>	
<b>Total Fat</b> 26g	<b>33%</b>
Saturated Fat 8g	<b>41%</b>
Trans Fat 0g	
<b>Cholesterol</b> 130mg	<b>43%</b>
<b>Sodium</b> 900mg	<b>39%</b>
<b>Total Carbohydrate</b> 24g	<b>9%</b>
Dietary Fiber 2g	<b>8%</b>
Total Sugars 3g	
Includes 1g Added Sugars	<b>2%</b>
<b>Protein</b> 42g	
Vitamin D 0.00mcg	0%
Calcium 77mg	6%
Iron 2.7mg	17%
Potassium 370mg	8%
<small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	
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