

Children's Roasted Chicken Breast

Roasted thyme chicken breast, served with vegetables and mashed potatoes



WIMS# 22045

Allergens: milk, soy

Pan-Roasted Chicken Breast - Children's	
Nutrition Facts	
1 servings per container	
Serving size	1 meal (240 g)
Amount per serving	
Calories	260
% Daily Value*	
Total Fat 11g	14%
Saturated Fat 4g	20%
Trans Fat 0g	
Cholesterol 60mg	20%
Sodium 420mg	18%
Total Carbohydrate 16g	6%
Dietary Fiber 2g	6%
Total Sugars 2g	
Includes 1g Added Sugars	1%
Protein 22g	
Vitamin D 0.00mcg	0%
Calcium 50mg	4%
Iron 1.5mg	9%
Potassium 290mg	7%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

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